

POKÉMON™

RAINBOW GOLD

Rainbow Gold: Where the Legend is Reborn ✨

In an era where the bonds between humans and Pokémon grow stronger every day, new legends are preparing to be born amidst the sacred lands of Johto and Kanto.

There are whispers of legendary Pokémon, once dormant, now awakening in unexpected corners of the world. Brave trainers embark on challenging journeys, unraveling mysteries and forging unexplored paths in search of these magnificent creatures.

Prepare for an unparalleled adventure, where every step can lead to the discovery of unimaginable strength and an encounter with the Pokémon that will shape the future.

Welcome to **Rainbow Gold!**
Your legendary saga begins now. ✨



POKÉMON™

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Important Note:

All information here refers to **modified content** that differs from the original game.

Anything not mentioned remains unchanged.

For anything not covered, feel free to consult online guides for the original game. 🌐 📖

Use this knowledge wisely — and enjoy your adventure!



Early Pokémon Encounters 🧐

Here are some notable Pokémon you can find early in your adventure through Johto and Kanto.



Pichu: Route 32 (Morning / Day)

Natu: Route 36

Pinsir: National Park

Scyther: Azalea Town (Headbutt trees), National Park

Houndour: Route 36 (Crystal Spawn)

Staryu: Route 40-41 (Surf)

Rhyhorn: Union Cave

Ponyta: Burned Tower

Meowth: Route 30-31

Phanpy: Route 46 (Morning, Crystal Spawn)

Larvitar: Dark Cave

Doduo: Route 33

Horsea: Route 40-41 (Good/Super Rod)

Cubone: Union Cave

Exeggcute: Route 33

Misdreavus: Sprout Tower (Night), Route 32 (Night)

Sneasel: Goldenrod Casino

Gligar: Goldenrod Casino

Skarmory: Route 38 (near Ecruteak - Metal Route)

Smoochum: Route 34 (Day Care)

Elekid: Route 34 (Day Care)

Slugma: Burned Tower

Teddiursa: Dark Cave (Morning)

Abra: Goldenrod Casino

Dratini: Goldenrod Casino



Items Vendor 💰

Various valuable items can be purchased from vendors throughout the regions to help you on your journey.



Goldenrod Casino (Coins)

TM35 Flamethrower: 5000 coins

TM90 Substitute: 1000 coins

TM75 Swords Dance: 3000 coins

TM53 Energy Ball: 5000 coins

TM24 Thunderbolt: 5000 coins

TM13 Ice Beam: 5000 coins

Fire Stone: 1000 coins

Thunderstone: 1000 coins

Water Stone: 1000 coins

Leaf Stone: 1000 coins

Moon Stone: 1000 coins

Sun Stone: 1000 coins

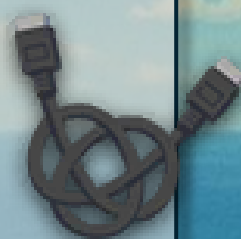
King's Rock: 2000 coins

Oval Stone: 2000 coins

Metal Coat: 2000 coins

Linking Cord: 2000 coins

Up-Grade: 2000 coins



Treasure Hunter Vendor

This special vendor appears after you complete the Team Rocket Story in the Goldenrod Radio Tower.

Shiny Stone: 2000 coins

Dawn Stone: 2000 Coins

Dusk Stone: 2000 coins

Protector: 2000 coins

Electirizer: 2000 coins

Magmarizer: 2000 coins



Celadon Mart (\$)

Upgrade: \$2100

Dragon Scale: \$2100

DeepSeaScale: \$2100

DeepseaTooth: \$2100

Dubious Disc: \$2100

Reaper Cloth: \$2100

Razor Claw: \$2100

Razor Fang: \$2100



Evolution Methods

Many Pokémon evolve through special methods beyond just leveling up. Here's a guide to help you evolve certain Pokémon using specific items, stones, happiness, or unique locations.



Eevee (Sun Stone) → **Espeon**

Eevee (Moon Stone) → **Umbreon**

Eevee (Level Up near **Moss Rock** / Viridian Forest) → **Leafeon**

Eevee (Level Up near **Ice Rock** / Seafoam Islands) → **Glaceon**

Kadabra (Link Cord) → **Alakazam**

Machoke (Link Cord) → **Machop**

Graveler (Link Cord) → **Golem**

Haunter (Link Cord) → **Gengar**

Onix (Metal Coat) → **Steelix**

Scyther (Metal Coat) → **Scizor**

Seadra (Dragon Scale) → **Kingdra**

Porygon (Upgrade) → **Porygon2**

Porygon2 (Dubious Disc) → **Porygon-Z**

Slowpoke (King's Rock) → **Slowking**

Poliwhirl (King's Rock) → **Politoed**

Happiny (Oval Stone) → **Chansey**

Murkrow (Dusk Stone) → **Honchkrow**

Misdreavus (Dusk Stone) → **Mismagius**

Togetic (Shiny Stone) → **Togekiss**

Roselia (Shiny Stone) → **Roserade**

Kirlia (Dawn Stone, if male) → **Gallade**

Snorunt (Dawn Stone, if female) → **Froslass**

Gligar (Level Up holding Razor Fang + Night) → **Gliscor**

Sneasel (Level Up holding Razor Claw + Night) → **Weavile**

Dusclops (Reaper Cloth) → **Dusknoir**

Rhydon (Protector) → **Rhyperior**

Magmar (Magmarizer) → **Magmortar**

Electabuzz (Electirizer) → **Electivire**

Nosepass (Level Up in special magnetic field area, (Route 10) → **Probopass**

Magneton (Level Up in special magnetic field area, (Route 10) → **Magnezone**

Feebas (Max Happiness) → **Milotic**



Wild Pokémon Encounters 🌿

Below is a guide to the wild Pokémon you can encounter in different routes and areas, along with the times of day they appear.

Route 30

Morning: Weedle, Kakuna, Ledyba

Day: Weedle, Kakuna

Night: Meowth

Route 31

Morning: Weedle, Kakuna, Ledyba

Day: Weedle, Kakuna

Night: Meowth



Route 32

Morning/Day/Night: Ekans, Pichu

Night: Misdreavus



Route 33

Morning/Day/Night:

Ekans, Doduo, Exeggcute

Dark Cave F1

Morning: Teddiursa

Dark Cave F2

Morning: Teddiursa, Ursaring

Day: Ursaring

All Times: Larvitar



Sprout Tower

Night: Misdreavus, Murkrow

Route 36

Morning: Vulpix, Ledyba, Natu

Day: Vulpix

All Times: Houndour (Crystal Spawn)

Route 37 (Next to Sudowoodo)

Morning: Vulpix, Ledyba, Ledian

Day: Vulpix

Night: Vulpix

Ilex Forest

Morning/Day: Weedle, Kakuna

All Times (Headbutt Trees): Scyther

Route 35

Morning/Day: Vulpix

National Park

Morning/Day: Weedle, Kakuna

All Times: Pinsir, Scyther

Route 38 - 39

Morning/Day/Night: Meowth

All Times: Skarmory

Route 40-41

Surfing: Staryu

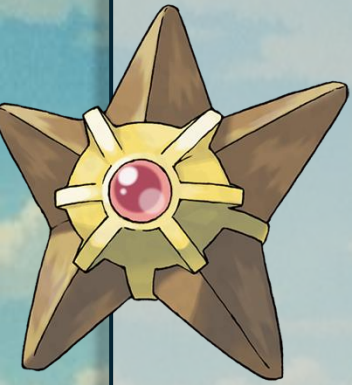
Good/Super Rod: Horsea

Route 42

Morning/Day: Ekans, Arbok

Ice Path

Morning/Day/Night: Delibird



Route 44 (Surfing)

Surfing: Octillery

Route 45

Morning/Day/Night:
Teddiursa, Skarmory



Route 46

Morning: Phanpy
(Crystal Spawn)

Route 48

All Times:
Vulpix



Union Cave

All Times:
Rhyhorn, Cubone

Route 34 Day Care

All Times:
Smoochum, Elekid

Burned Tower

All Times: Ponyta, Slugma





Safari Zone

The Safari Zone offers a variety of Pokémon in different areas. Encounter rates and available Pokémon vary by time of day.



Plains

Morning / Day: Doduo, Girafarig, Staravia, Swellow, Smeargle

Night: Raticate, Staravia, Swellow, Stantler



Meadow

Morning: Jigglypuff, Budew, Hoppip, Chansey, Delcatty, Luxio, Skiploom

Day: Jigglypuff, Budew, Sunkern, Hoppip, Chansey, Delcatty, Luxio, Skiploom

Night: Jigglypuff, Marill, Wooper, Delcatty, Luxio, Clefairy

Savannah

Morning / Day: Nidoran♀, Nidoran♂, Tauros, Nidorina, Nidorino, Dodrio, Kangaskhan, Rhyhorn

Night: Tauros, Nidorina, Nidorino, Dodrio, Kangaskhan

Peak

Morning / Day: Geodude, Magnemite, Lairon, Torkoal, Magnetron, Graveler, Magmar

Night: Geodude, Wobbuffet, Lairon, Torkoal, Magnetron

Rocky Beach



Morning / Day:

Corpish, Slowpoke, Krabby, Nosepass, Bibarel, Floatzel, Kingler, Slowbro

Night:

Zubat, Corpish, Slowpoke, Krabby, Nosepass, Bibarel, Floatzel, Kingler, Slowbro

Surf (All Times):

Magikarp, Wailmer, Poliwhag, Bibarel, Poliwhirl, Lapras

Good Rod (All Times):

Magikarp, Wailmer, Carvanha, Finneon, Mantyke, Krabby

Super Rod (All Times):

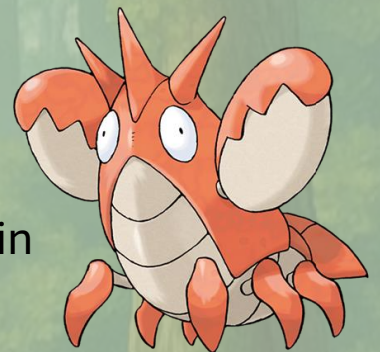
Carvanha, Wailmer, Sharpedo, Seaking, Wailord, Kingler



Wetland

Morning / Day:

Lombre, Ditto, Tangela, Gulpin



Night:

Psyduck, Quagsire, Lombre, Golduck

Good Rod (All Times):

Poliwhag, Barboach, Luvdisc, Feebas, Clamperl, Poliwhirl

Super Rod (All Times):

Whiscash, Luvdisc, Clamperl, Poliwhirl, Feebas



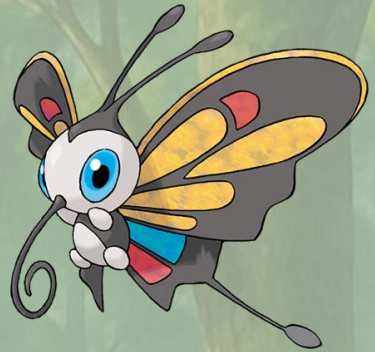
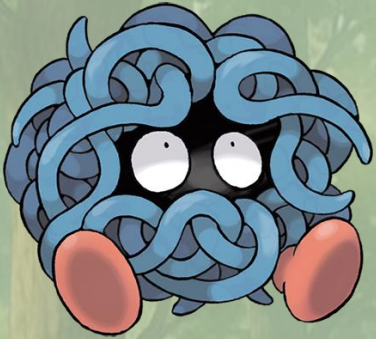
Forest

Morning / Day:

Mr. Mime, Beautifly, Dustox, Natu, Paras

Night:

Mr. Mime, Misdreavus, Nuzleaf, Haunter, Natu, Parasect



Swamp

Morning / Day:

Croagunk, Weepinbell, Tangela, Gastrodon, Gulpin

Night:

Drowzee, Murkrow, Hypno, Skuntank





Marshland

Morning / Day:

Ekans, Koffing, Weezing, Skorupi, Arbok, Grimer, Masquerain

Night:

Wooper, Koffing, Oddish, Skorupi, Weezing, Gloom, Arbok, Masquerain

Wasteland

Morning / Day:

Makuhita, Onix, Machop, Machoke, Hitmonlee, Hitmonchan, Hitmontop, Hippopotas

Night:

Fearow, Makuhita, Onix, Hitmonlee, Hitmonchan, Hitmontop

Mountain

Morning / Day: Raticate, Lickitung, Mawile, Larvitar, Bagon



Night: Zubat, Golbat, Mawile, Bagon

Desert

(All Times)

Sandshrew, Sandslash, Baltoy, Numel, Trapinch, Cacnea, Gible, Marowak



In-Game Trades 🍷

Throughout your journey, various NPCs will offer to trade their Pokémon for yours. These can be great opportunities to get Pokémon that might be difficult to find otherwise, or Pokémon with special characteristics!

Violet City

Your Pokémon: Bellsprout

You Receive: Onix (holds Bitter Berry)



Goldenrod City

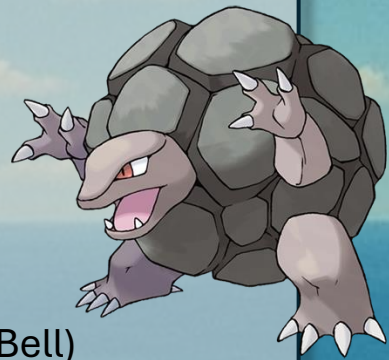
Your Pokémon: Drowzee

You Receive: Machop (holds Macho Brace)

Pewter City

Your Pokémon: Haunter

You Receive: Xatu



Olivine City

Your Pokémon: Krabby

You Receive: Feebas (holding Soothe Bell)

Blackthorn City

Your Pokémon: Jynx

You Receive: Altaria (holding Smoke Ball)

Olivine City – Jasmine

Your Pokémon: Any Pokémon

You Receive: Steelix (holding Hard Stone)



Power Plant

Your Pokémon: Dugtrio

You Receive: Manectric (holding Magnet)

Saffron City – Train (Lt. Surge) After Rematch

Your Pokémon: Pikachu

You Receive: Raichu (holding Light Ball)

Pewter City – Brock After Rematch

Your Pokémon: Bonsly

You Receive: Golem

(holding Passho Berry, knows Thunder Fang)



POKÉMON RADIO



Hoenn & Sinnoh Sounds

Turn on your radio to specific channels in Johto and Kanto to find Pokémon originally from the Hoenn and Sinnoh regions!

Availability: These sounds become available after you obtain the Pokédex and have your Pokegear Radio

Hoenn Sound: Plays on Wednesdays.

Sinnoh Sound: Plays on Thursdays.



Route 29: Zigzagoon, Ralts, Starly, Bidoof

Route 30: Lotad, Taillow, Kricketot, Budew

Route 31: Poochyena, Shroomish, Shinx, Pachirisu

Sprout Tower: Meditite, Chimecho, Chatot, Drifloon

Route 32: Plusle, Minun, Combee, Cherubi

Ruins of Alph (Grass): Baltoy, Buizel, Bidoof

Union Cave: Nosepass, Aron, Bronzor, Buizel

Route 33: Zangoose, Seviper, Croagunk



Slowpoke Well: Duskull, Makuhita, Bronzor, Chingling

Ilex Forest: Slakoth, Seedot, Budew, Starly

Route 34 (Day Care): Spink, Wynaut, Happiny, Bonsly

Route 35: Gulpin, Munchlax, Mime Jr.

National Park: Roselia, Buneary, Glameow

Route 36: Ralts, Glameow, Stunky

Route 37: Skitty, Starly



Burned Tower: Numel, Torkoal, Drifloon

Bell Tower: Chimecho, Drifloon

Route 38: Volbeat, Illumise, Glameow

Route 39: Electrike, Gulpin, Skorupi, Burmy

Whirl Islands: Absol, Bronzor, Chingling

Route 42: Whismur, Buizel, Bidoof

Mt. Mortar: Absol, Makuhita, Croagunk

Route 43: Azurill, Combee

Route 44: Kecleon, Kricketune

Ice Path: Spheal, Snorunt, Snover

Route 45: Dustox, Beautifly, Buizel, Bidoof

Route 46: Nincada, Wingull, Shinx

Dark Cave: Sableye, Shuppet, Hippopotas, Shellos

Route 47: Swablu, Cherubi

Route 48: Kirlia, Croagunk

Seafoam Islands: Spheal, Snorunt, Snover

Mt. Silver (Cave): Loudred, Lairon, Gastrodon

Mt. Silver (Outside): Linoone, Bibarel

Route 26 / 27: Spinda, Staravia

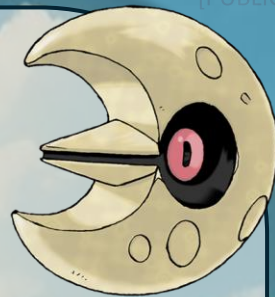
Route 28: Mightyena

Tohjo Falls: Absol, Makuhita, Croagunk

Cliff Cave: Solrock, Lunatone, Shellos



Mt. Moon: Solrock, Lunatone, Bronzor



Viridian Forest: Tropius, Carnivine

Cerulean Cave: Hariyama, Lairon, Drapion

Diglett's Cave: Lunatone, Solrock, Hippopotas

Victory Road: Hariyama, Gastrodon

Route 1: Linoone, Breloom, Staravia, Luxio

Route 2: Cascoon, Silcoon, Luxio

Route 3: Lombre, Wormadam

Route 4: Pelipper, Floatzel

Route 5: Ninjask, Pachirisu

Route 6: Mightyena, Bibarel

Route 7: Delcatty, Cherrim

Route 8: Dusclops, Banette, Drifblim

Route 9: Roselia, Croagunk

Route 10: Pelipper, Floatzel

Route 11: Plusle, Minun, Bibarel

Route 13: Swellow, Staravia

Route 14 / 15: Swalot, Skuntank

Route 16 / 17 / 18: Pelipper, Purugly

Route 21: Masquerain, Mothim


Route 22: Zangoose, Seviper, Cherrim



Legendary Trainers

Prepare to challenge some of the most powerful trainers from across the regions. These battles will test your skills and the strength of your bonds with your Pokémon.

Cynthia (Sinnoh)

 Requirements to Battle:

Complete all of her related events:

Obtain Spiritomb (from Cynthia near Goldenrod Gym).

Receive the Sinnoh Starters from her after defeating the Elite Four.

Release the 3 Regis (Regirock, Regice, Registeel).

Awaken Regigigas.

Complete the Lake Trio event (Uxie, Mesprit, Azelf).

Capture Dialga, Palkia, and Giratina.

Capture Arceus.

Guide:

After fulfilling all the requirements listed above, Cynthia will recognize your unparalleled strength and agree to battle you. You can find her waiting at the Goldenrod Archaeological Center for your final challenge.



Steven Stone (Hoenn)



Requirements to Battle:

Complete all of his related events:

Receive the Beldum gift.

Receive the Hoenn Starters.

Complete the Latios and Latias events.



Guide:

Once you have completed the Beldum gift, received the Hoenn Starters, and completed the Latios and Latias events, Steven Stone will acknowledge your dedication and challenge you to a battle, eager to test his skills against yours. You can find him in his house in Pewter City.

Lucas (Sinnoh)



Requirements to Battle:

Become the Johto Champion first.

Show him all 16 Badges.



Guide:

After you become the Johto Champion, Lucas will arrive in Johto by ship from Sinnoh. You can find him waiting in the grass on the route next to New Bark Town. However, he will only battle you after you show him that you have collected all 16 Badges from both Johto and Kanto.



Dawn (Sinnoh) ✨

✅ Requirements to Battle:

Become the Johto Champion first.

Have 16 Badges.

Show her a Lickilicky.



Guide:

After you become the Johto Champion, Dawn will also arrive in Johto by ship from Sinnoh. With all 16 Badges in hand, you can find her in the tall grass between Mahogany Town and Ice Path. She will explain that she is researching new Pokémon evolutions. If you show her a Lickilicky (Lickitung's evolution), she will be intrigued and invite you to a battle.

Riley 🎩

✅ Requirements to Battle:

Receive Riolu first.

Collect 16 Badges.



Guide:

After you have initially received your Riolu, and once you have collected all 16 Badges, speak with Riley again for a challenging battle. His location for this rematch will be revealed after these conditions are met.





🚧 ⚠️ **SPOILER ALERT!** ⚠️ 🚧

You're about to enter a section containing details about **legendary events**, **special Pokémon**, and **secret moments** in the game.

If you want to keep the surprises intact, we recommend stopping here! ❌ 👁️

But if you're ready to uncover incredible secrets and find out where to catch the rarest Pokémon, proceed carefully! 🧙 ✨

Use this information wisely and respect the experience of other players! 🎮 💎
Good luck on your journey! 🍀 ⚡

Legendary & Special Pokémon Acquisitions ✨🌟

Below you'll find a detailed guide on how to find and capture Legendary and Mythical Pokémon, as well as how to acquire other special Pokémon, on your journey through Johto and Kanto.

Rotom 💡

✅ **Requirements:**
Plain Badge


📄 **Guide:** Obtaining **Rotom** is fairly simple. Once you earn your **Plain Badge** from Whitney, return to **New Bark Town** and interact with the TV on the bottom floor of your house. You will be asked if you want to thump it, similar to the method in Diamond & Pearl; choose **Yes** to encounter a **Level 20 Rotom**.

If you wish to change its forms, go to the **Silph Co. building in Saffron City** and enter the elevator on the ground floor. This will grant you access to the **Form Room**.



Spiritomb



 **Requirements:**
An Odd Keystone

 **Guide:**

The only item you need to get this Pokémon is an **Odd Keystone**.

You will receive one by speaking with **Cynthia at the archaeological base near Goldenrod Gym**, where a Sandslash stands outside. With a keystone in hand, return to **Azalea Town** and stand on the top of the ladder into **Slowpoke Well**, then press **A**.

You will be asked if you want to throw the keystone into the well; choose **Yes** to encounter a **Level 20 Spiritomb**. Note that the keystone is consumed immediately, so defeating the Spiritomb will not let you immediately retry without another Odd Keystone. Further Odd keystones can be obtained from the **captain of the S.S. Aqua** after obtaining the **Earth Badge**.



Castform

 **Guide:**

A professor will give you a Castform in a house located north of the Lake of Rage.

Riolu

 **Guide:**

You will receive Riolu in Ecruteak City. Riley is currently visiting the Johto region.

Later in the game, you will be able to battle it.




Dragon's Den - Dragonair

 **Guide:**


The former Dratini encounter in Dragon's Den has been replaced. You will now find a Level 35 Dragonair holding a Dragon Plate.



Beldum

 **Guide:** **Steven Stone** will give you a **Beldum** before you enter **Union Cave**. It comes holding an **Iron Plate**.

Kanto Starters (Bulbasaur, Charmander, Squirtle)

 Guide:


You will receive one of the Kanto starters in Violet City from an assistant of Professor Oak. The other two can be obtained at Professor Oak's Lab in Kanto. To receive them, present the starter you chose to Professor Oak's assistant at his lab, ensuring you have two empty slots in your party.

Johto Starters (Chikorita, Cyndaquil, Totodile)

 Guide:


You will receive one of the Johto starters from Professor Elm. The other two can be obtained in Saffron City, at the Silph Co. building. To receive them, present the starter you chose to Professor Oak's assistant at his lab, ensuring you have two empty slots in your party.

Hoenn Starters (Treecko, Torchic, Mudkip)

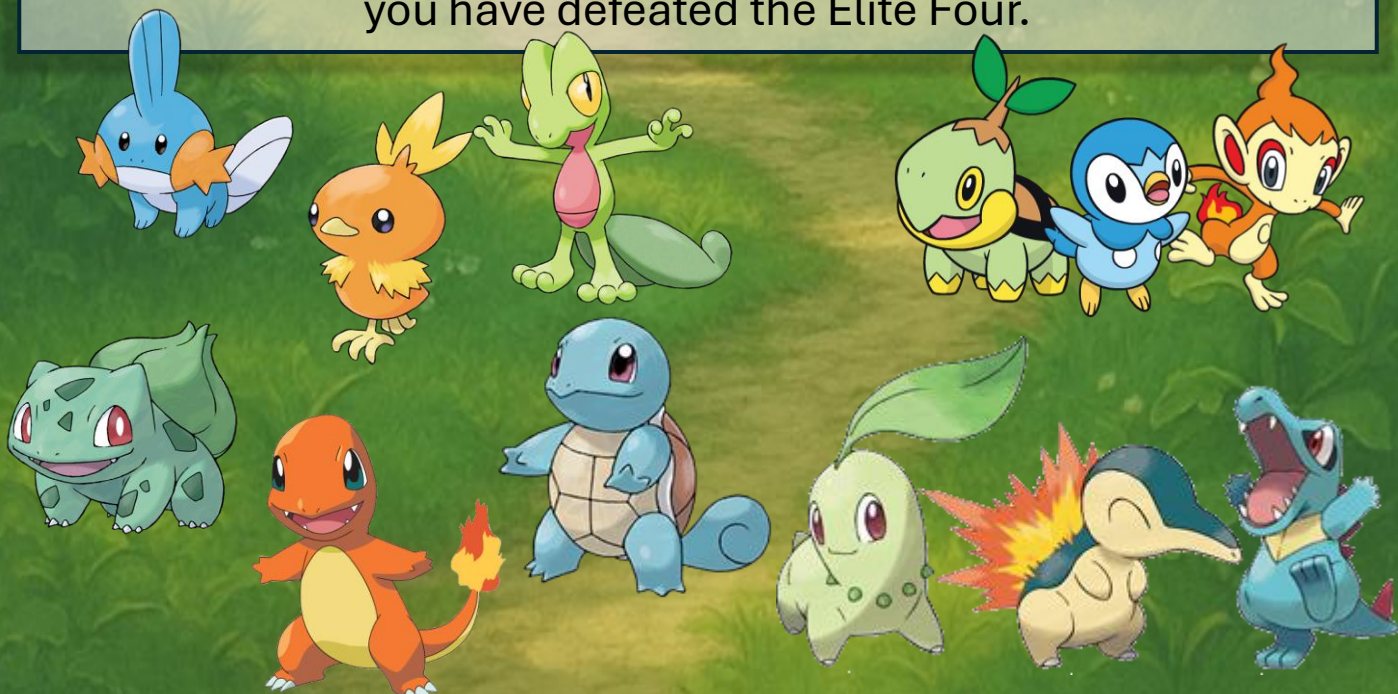
 Guide:

You will receive one of the Hoenn starters in Azalea Town. The other two will be given to you by Steven Stone after the Latios and Latias events. Steven can be found in Pewter City, in his house located to the left of the entrance (coming from Viridian Forest).


Sinnoh Starters (Turtwig, Chimchar, Piplup)

 Guide:

You will receive one of the Sinnoh starters in Goldenrod City. The other two can be obtained from Cynthia in Goldenrod City after you have defeated the Elite Four.



Spiky-eared Pichu

 Guide:

Interact with the shrine in Ilex Forest. Present a Raichu at this shrine, and the Spiky-eared Pichu will appear.

Bird Trio: Articuno , Zapdos , Moltres

Articuno:

Found deep within the Seafoam Islands caves in Kanto.

Zapdos:

Appears outside the Power Plant (requires 16 Badges).

Moltres:

Now appears inside the Cinnabar Gym, which has relocated near the Seafoam Islands. You must capture Heatran first in the Cinnabar Volcano before Moltres will appear.

Mewtwo


 Guide:

Mewtwo can be found in the Cerulean Cave in Kanto.





Mew

 Requirements:

16 Badges

 Guide:

Mew is found in Viridian Forest. When you first enter, you will find it in a specific position on the left side of the forest. When you talk to it, it will Teleport to the center-north of the forest. Talk to it again, and it will Teleport to the center-south. Talk to it once more to get it to Teleport to a small alcove between the trees just south of the northern exit. Talk to it again to battle it;

Jirachi

 Requirements:

16 Badges




 Guide:

Once you defeat Gary Oak in the Viridian Gym, you will find one of the Kimono Girls standing outside the Dance Theater in Ecruteak City. She will inform you about Jirachi, sensing its presence somewhere in Johto.

To be more specific, Jirachi is located at Mt. Moon Square. Jirachi only appears on nights when Clefairy dance for the Moon Stone. The Clefairy dance only on Mondays, from 8 PM onwards, so visit Mt. Moon Square on a Monday night, watch them dance, and then Jirachi will appear.




Celebi

 Requirements:

Sixteen Badges



Obtain the GS BALL from Kurt in Azalea Town.


 Guide:

To get Celebi, you must first obtain the GS BALL from Kurt in Azalea Town. You can receive it after obtaining 16 Badges. Kurt received the GS Ball from Professor Oak, who sent it to him to try and open it, but he was unsuccessful. Kurt will tell you about the legend of the pure heart, which is said to be able to awaken the GS Ball's power.

Once you have the GS BALL in your inventory, interact with the shrine in Ilex Forest. Place the GS BALL on the shrine, and Celebi will appear and attack.

PS: You can activate the Giovanni past event by presenting this Celebi at the shrine; it will travel back in time.

Regirock , Regice , Registeel

 Requirements:


Defeat the Elite Four.

 Guide:

Once you become the Champion, head over to Olivine Harbour. Professor Oak will congratulate you and give you the Lock Capsule as a gift. Take this item to Cynthia in Goldenrod City, and she'll cause a reaction that releases the three Regi Pokémon for you to battle. You can find Regirock on Mt. Mortar, Regice in Ice Path, and Registeel in the Blackthorn Side of Dark Cave.




Latias ❤️, Latios 💙

 Guide:

To begin this event, collect the Poké Doll from the Fan Club in Vermilion City. Steven then appears and speaks about the event.

Take the package Steven gave you to Goldenrod, to the archaeologists — you'll be rewarded with a special stone. Now head to the Pewter Museum, where Steven will be waiting for you. After exiting the museum, Latios will be waiting for you. Once captured, Steven returns to his house in Pewter, located to the left of the entrance. There, he will ask you to present Latias, which is roaming the region. After capturing and presenting Latias to him, with both completed, you will be able to battle him.

Groudon 🌋, Kyogre 🌊, Rayquaza 🐉

 Requirements:

Defeat Red.

 Guide:

Catching the titans is mostly the same as in HG/SS, but things have been streamlined a bit. Once you defeat Red, return to Pallet Town to get a monologue about the Legendary Trainer tale from Professor Oak. Afterwards, visit Mr. Pokémon, and he will give you the Red Orb.

Go to Route 47 and enter the Embedded Tower, where you will see Groudon. Once you capture it, the Red Orb automatically changes into the Blue Orb. Re-enter the room, and you will see Kyogre. After catching that, the Blue Orb will morph into the Jade Orb. Re-enter the room again to find Rayquaza.





Deoxys 🧐

✓ Requirements:

Sixteen Badges.

📝 Guide:

Obtaining Deoxys is as simple as standing in a certain spot on Route 3. If you go to the center of the four meteors, you will be informed that your Pokémon 'senses something'. If you do this after getting the Earth Badge between midnight and 4 AM (inclusive), Deoxys will make an appearance and attack you.

Uxie 🧠, Mesprit 💖, Azelf 💪

✓ Requirements:

Complete the Power Plant event.

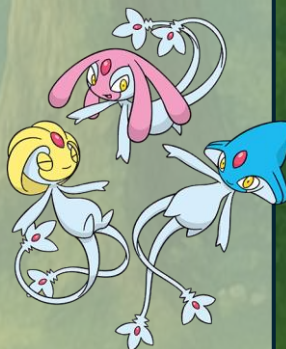
📝 Guide:

The key to obtaining these three is through the use of the Red Chain, which you will automatically receive from the manager of the Power Plant once you give him the Machine Part back. Take the Red Chain to the researcher's house in the Ruins of Alph. The Unown will teleport you to the Sinjoh Ruins. Once you do so, look for Cynthia in the house; she has a book with translations of the drawings on the Sinjoh walls. You will receive the Azure Flute. Go to the Mystri Stage and you will already find Uxie, Mesprit, and Azelf there.

Dialga ⌚, Palkia 🔵, Giratina 👻

✓ Requirements:

Capture the Pixie Trio (Uxie, Mesprit, Azelf).




📝 Guide:


Once Uxie, Mesprit, and Azelf are all captured, stand in the center of the stage, and it will 'judge' you to be ready to face Dialga, Palkia, and Giratina. The screen will fade out and come back with their appearance on the stage. After capturing each one, you will also receive their respective Orb item (e.g., capturing Dialga gives you the Adamant Orb).



Heatran

 Requirements:


Sixteen Badges.

 Guide:

Heatran is found at the top of Cinnabar Island. To be more specific, the Magma Stone is found there. If you Rock Climb up, you will find an item ball there (where the Magmarizer was in the original HeartGold & SoulSilver). Pick it up to receive the Magma Stone; Heatran will automatically appear at the top of the island as a result. Talk to it to encounter it at Level 70. Capturing Heatran also allows you to capture Moltres.



Regigigas

 Requirements:


Sixteen Badges.

The capture of the other Regis (Regirock, Regice, Registeel).


 Guide:

Regigigas took up Moltres' old property, but has barricaded the room. Just outside the entrance to Regigigas' room, you will find a tablet; it will say something about bodies of rock, ice, and steel. If you interact with the tablet with Regirock, Regice, and Registeel in your party, it will shatter and give you access to the room. Rock Climb down and talk to Regigigas to encounter it.

Cresselia

 Requirements:


Sixteen Badges.

 Guide:

Once you obtain the Earth Badge, walk into the bed in your room in New Bark Town to try to sleep. The player will suffer from a 'nightmare' that will leave them unable to rest (i.e., your Pokémon are not healed). After this occurs, take a trip to Mt. Moon. If you go at any point when the Clefairy are not dancing - after activating the aforementioned event - you will find Cresselia sitting in the pond. Challenge it to get a chance at capturing it; Note that capturing it will reward you with the Lunar Wing, which is key to obtaining Darkrai.



Manaphy

 Guide:

An old man found an egg floating on the beach near Olivine City. Speak with him, and you will receive the Manaphy egg.


Phione

 Guide:

To obtain Phione, simply make an egg using the Manaphy you received.




Darkrai

 Requirements:

Sixteen Badges.

Capturing Cresselia.



 Guide:

After capturing Cresselia, you should obtain the Lunar Wing. With it in hand, return to your room in New Bark Town and attempt to sleep again. This time, the effect of the Lunar Wing will kick in, causing Darkrai to reveal itself and attack!



Shaymin

 Requirements:

Sixteen Badges.

Have OAK'S LETTER.



 Guide:

Obtain OAK'S LETTER from the table in Professor Oak's laboratory in Pallet Town.

Talk to the younger girl in the Flower Shop in Goldenrod City, and she will mention Shaymin. Go to National Park and it will be sitting in the grass. Talk to it; if you have OAK'S LETTER, it will notice you. After capturing it, present it as the first Pokémon in your party, and you will receive a Gracidea, responsible for changing Shaymin's forms.

Transform Shaymin: Use the Gracidea item from your Key Items pocket. This will change Shaymin's Land Forme to its Sky Forme. In Pokémon HeartGold and SoulSilver (HGSS), Shaymin returns to its Land Forme when you enter an enclosed location (such as a cave, building, or city) or when the time changes to night (8 PM - 5 AM).

Arceus

Requirements:

Capture the Lake Trio (Uxie, Mesprit, Azelf).

Capture Dialga, Palkia, and Giratina.

Obtain all Plates scattered across the map



Plate Locations:

Spooky Plate: Lavender Cemetery

Iron Plate: Given by Steven Stone with Beldum

Flame Plate: Burned Tower 2F

Splash Plate: Lugia Waterfall Cave, upper floor

Icicle Plate: Sinjoh Ruins, snowy area

Toxic Plate: Fuchsia Gym

Mind Plate: Saffron Gym

Zap Plate: Outside Power Plant

Meadow Plate: Near the National Park exit

Fist Plate: Mt. Mortar, from the Blackbelt near

Regirock (who gives Tyrogue)

Sky Plate: Top of Light House

Insect Plate: Viridian Forest, near a mud rock

Stone Plate: Next to Pewter Museum

Dragon Plate: Dragon's Den, from Dragonair

Dread Plate: Dark Cave entrance

